ISSUE 54

SUMMER 2016



TOWN OF INDIAN HEAD

SMOKE SIGNALS

Town Happenings

A lot will be happening around Town this summer. Come on out and enjoy a few!

Town Meeting: Town Meetings are the 1st Monday of every month unless it happens to fall on a holiday. The Summer Town Meetings will take place on Mon. June 6, Tues. July 5 and Mon. August 1 at the Village Green Pavilion 7:30pm.

Community Activities Committee: Tues. June 14, 7pm, Village Green Pavilion. No meeting will be held in July or August. New Volunteers Welcomed!

Indian Head Business Association: Wed. June 8, July 13, August 10, 8:30am Dales Smokehouse.

Parks & Rec. Committee: Wed. June 8, July 13, August 10, 6:30pm Village Green Pavilion.

Environmental Sustainability Committee: Wed., June 8, July 13, August 10, 7:30pm Village Green Pavilion.

Planning Commission: Wed. June 15, July 20, and August 17, 7pm Village Green Pavilion.

Work Sessions: Wed. June 22, July 27 & August 24, 3:30pm Town Hall.



Kids End of School Fun Night: Thurs. June 23, 7pm to 9pm at the Village Green Pavilion. FREE Admission. Includes Dinner & Snacks, Interactive Games, Temporary Tattoos, & Summer Door Prizes. Children must be accompanied by an adult.

July 4th Celebration: Mon. July 4 at the Village Green Park. Patriotic Kick-Off at 3:30pm at the fountain. Amusement Rides 4pm-8pm. Food & Novelty Booth Open at 4pm. Spectacular Fireworks Display Rain or Shine at 9:10pm. Live Entertainment on the Outdoor Stage: DJ Rockin' Roger 4pm-8pm, One Louder Band 6pm-9pm. Bring blankets/ lawn chairs. Limited general parking around the Village Green. Handicapped Parking available in V.G. Pavilion lot. Ticket booth closes promptly at 7:15pm - Remains open for emergencies/lost & found only. NEW for 2016 –Reduced rate ride wristbands for Town Residents –Must be purchased in advance at the Town Hall, available June 13-July1. Proof of residency is required. The discounted wristbands are NOT available at the July 4th event. No ride wristband refunds for inclement weather and after ticket booth or amusements are closed. No pets of any kind or alcoholic beverages permitted.



Annual National Night Out Celebration: Tues. August 2, Village Green Park, 6pm-8pm. FREE Family event - Fun for everyone! Fun Interactive Games & Activities for kids, Open 6pm-8pm. CC Sheriff's Office N.N.O. Coloring Contest (Ages 4-12), 6pm-8pm. Displays, Demonstrations, Handouts. Cookout Food Served 6pm-7:45pm. Live Entertainment featuring The Bucket List Band. Take A Bite Out of Crime— Leave Your Porch Lights On Sundown to Sun Up! Join the Town of Indian Head's Townwide Neighborhood Crime Watch Program. Interested participants & all businesses and service, youth, fraternal, sports, religious & other organizations wanting to participate/volunteer, contact Karen at 240-375-4061 or karen@townofindianhead.org



Grandparents/55 & Older Night: Thurs. August 11, 7pm-9pm. Village Green Pavilion. Enjoy dinner on the Town and delightful entertainment featuring The Port Tobacco Pickers Bluegrass Band. Family members of all ages welcome. Free Admission.



Kids Back to School Night: Thurs. August 18, 7pm-9pm Village Green Pavilion. Free Admission includes Dinner & Snacks. Children must be accompanied by an adult. Door Prize Drawings, Loaded Back Packs, Pre-K thru 8th Grade for I.H. Elementary & General Smallwood Middle School Students ONLY.



I.H. Village Green Flea Market: Sat.7am to 1pm, May 7 thru Oct. 29. No market Jul. 2 (4th of July), Aug. 6 (Large Outdoor Event), Aug. 13 (Bass Masters Event), Sep. 4 (Labor Day weekend). $5.00 Weekly Permit Fee. Set Up your own Tables, Chairs, Racks, Groundcovers, Pop Up Tents along Mildred Rice Road. NO Pet Sales/Giveaways allowed. NO Food sales without a Town permit. Handicap accessible restrooms open 6am-1pm at the I.H. Senior/Community Center.



For more information on any Town of Indian Head events contact Karen Williams: 240-375-4061 or karen @townofindianhead.org

Mayor's Message by Brandon Paulin

Hello everyone,

Even though it may feel like we live in Seattle with all this rain, I assure you that you live in Indian Head. Hopefully soon enough we can get a long stretch of sunshine and get our summer off to a great start! That being said please keep an eye out and follow traffic guidelines because I'm sure plenty of children will be playing in the beautiful warm weather.

Speaking about enjoying the summer, I hope to see all of you at the towns 4th of July festivities. It's always fun for the entire family, tons of delicious food, great entertainment, and THE BEST fireworks in the area.

Another event I'm looking forward to is the return of Autumn fest! This event will help raise money and awareness for the MAC(Military Alliance Council). It's still in the planning phase but it's looking like that will be sometime in October! Keep an eye out for more info on that.

We are continuing to work with property owners to get them moving with their properties. We have also had continued progress with the Fiber project which I estimate will be completed by years end! A big step for Indian Head to be able to attract high tech business and base contractors that need this essential technical infrastructure. Another step towards making Indian Head "THE PLACE" to locate future business.

In the mean time if any updates or new information about the town comes about feel free to friend me on Facebook or follow me on Twitter. The Town of Indian Head is also on Facebook and Twitter so give them a follow!

Until next time. –Mayor Brandon Paulin

Councilmen's Cornerstone

Soon summer will be here and our youth will be out of school. Summer should be a time for fun. However, when school is out, many kids who rely on school for their meals need a place to meet up and eat up (#NoKidHungry). I am working with the County to get the word out on summer meal sites and year-round food programs. As you are grilling and celebrating with family and friends please invite a neighbor to have a meal.

Many thanks to our residents that have embraced the 'Local-first' mentality which helps build the local economy and support the community from within. Community safety and sustainment efforts are in motion with the focus on what makes our town so valuable–our people who have the power to make huge changes toward our bright future. Your involvement is needed to make the Parks &

TOWN OF INDIAN HEAD OFFICIALS / BOARDS / PERSONNEL

Mayor
Brandon Paulin

Council
Ron Sitoula, Vice Mayor
Curtis Smith, Councilman

Town Manager
Ryan L. Hicks

Planning Commission
Michael Pellegrino, Chair
Thomas Blake, Sr.
Warren Bowie
Wayne Higdon
Anita Sampson
Joshua McDonald
Emery Nauden, Base Liaison

Board of Zoning Appeals
Edward Joell, Chair
Rose Chase
Rickie Posey

Ethics Commission
Mark Hobgood

Town Hall Staff
Annie Brady, Town Clerk
Ginger Foster, Finance Officer
Diane Campbell, Deputy Finance Officer
Karen Williams, Community Affairs
PFC Elliot (#396), Community Police Officer
Jim Casler, Code Enforcement
Eric Woodland, Head of Operations
Calvin Barnes, Field Supervisor EAST, Inc., Water/Wastewater

Town Website
www.townofindianhead.org

(Councilmen's Cornerstone Continued)

Recreation and Environmental Sustainability committees flourish. Lend a hand with our Family focused activities and 'Greenthumb' efforts (farmer's markets, community gardens, recycling and more). Visit town website for more details: *Parks & Recreations (P&R) committee events forecast:*

- Indian Head Kickball League Each Sunday, June 5, 2016 thru Sunday, July 31, 2016 3pm-5pm, Charles Wright Park Athletic Fields behind Indian Head Elementary School
- *Father's Day Festival of Flight* Sunday, June 19th 11am-2pm, Village Green
- *Big Day of Play* Saturday, August 27th 11am to 4pm, Village Green

Environmental Sustainability committee events forecast:

- · June – Community garden (Senior Center)
- July – Living shoreline; Recycle 2016 campaign
- August – Watershed and Parks cleanup & cookout (Saturday August 6th 10am – 2pm)

Register and prepare to Vote in the November 2016 elections – Think nationally and act locally. Give a word of Encouragement and Congratulations to our young minds graduating this year and embarking on new challenges and adventures.

Embrace our small town values and continue to wave in Indian Head as that small gesture can make someone's day brighter. If you have a moment to stop and chat with that person, you may find out some interesting or insightful facts!

As our town undergoes an economic revitalization I challenge our residents to invest in a people revitalization where we focus on improving our prospects for the future by continuing your education, becoming healthier and more socially active. Improve future opportunities by making thoughtful decisions today.

CIVIC EVENTS CALENDAR

American Legion Meeting
2nd Wednesday of each month - 8:00pm
Senior/Community Center
301-283-0105

Western Charles/Indian Head Chapter 126 of the National Association of Retired Federal Employees (NARFE) meets the 1st Thursday of each month (Except July & August) 301-743-9445 or 301-743-3055

RELIGIOUS SERVICES

St Mary's Star of the Sea Church
Sunday Services 7:30, 9:00 & 11:00am
Saturday Services 5:00pm
Confessions Saturdays 4:00 to 4:30pm
Special Devotions 7:30am mass on the 1st Friday and 1st Saturday of each month
301-753-9177

Indian Head Baptist
Sunday School 9:15am
Sunday, Morning Worship 10:30am
Sunday Bible Study 6:00pm
Wednesday Prayer Meeting 6:30pm
301-743-3707

St James Episcopal
Sunday 8:00, 9:15 & 10:30am
Sunday School 9:45am
301-743-2366

Indian Head Church of the Nazarene
Sunday School 9:45am
Sunday AM Worship 11:00am
Sunday PM Worship 6:00pm
Wednesday Adult Bible Study 7:00pm
301-743-5768

Indian Head United Methodist Church
Sunday School 9:30am, Worship 11:00am
301-743-2312

Greater Spiritual Fellowship Community Church
Sunday School 9:30am
Sunday Worship 11:00am
Tuesday Discipleship Training 7:30pm
Thursday Bible Study 7:30pm
301-743-6014

Congregation SHA'ARE Shalom
Services 1st Friday, 2nd & 4th Saturday every month.
301-645-4606
www.shaareshalomsomd.org

Indian Head Worship Center
Sunday Christian Education 9:30am
Sunday Morning Service 11:00am
Sunday Youth & Young Adult Service 6:30pm
Tuesday Bible Study 7:30pm
Friday Evangelical Service 7:30pm
301-743-7772

Cornerstone AME
Sunday Morning Service 10:30am
301-743-6607

New Life Christian Ministries, Int'l
Worship Service – Sunday 11:00 a.m.
Bible Study – Tuesday 7:00 p.m.
240-377-8919

INDIAN HEAD PARKS & REC. COMMITTEE EVENTS

Indian Head Kickball League: Sunday, June 5, 2016 thru Sunday, July 31, 2016, 3pm-5pm, Charles Wright Park Athletic Fields. Who says kickball is just for kids? This event is free & open to the public. Spend a Sunday afternoon having fun and getting to know more people from Indian Head. Start with kickball games composed of mixed teams. FREE hot dogs & drinks. Wanna join a team or play in a league? Already have a team? If you don't have enough people for a team, no worries, we'll get you on one. Email ParksandRec@townofindianhead.org for more info.

Father's Day Festival of Flight: Sunday, June 19, 2016, 11am-4pm, Village Green. 1st Annual Father's Day Flight Festival is a great way to spend the afternoon. The Flight Festival is free and open to the public. Participate in a free flight flying contest and win great prizes. Registration for the contest is free and from 11am-12pm. Participation in the contest isn't necessary. Fun will begin at 12pm on the Village Green. There will be flight flying enthusiasts on hand that will provide flying tips and assist with mending kites and planes that need a little help. Kite Making Class for $8 starts at 1:30pm. Enjoy music, concessions and kite flying fun.

Schedule of Flight Fest Events: 11am-12pm Registration, 12pm-12:15pm Welcome, 12:30pm Flying Competition Begins, 1pm Kite Making Workshop ($8 per person), 2pm Announcement of award winners. Awards will include Quickest Take-Off (first above tree-line), Best Crash, Best Tangle, Oldest Flyer, Youngest Flyer, Most Unique Kite/Plane, Best Home-made Kite/Plane, Most Generations Flying a Kite/Plane, Most Un-flyable Kite/Plane, Flyer from Beyond, Longest Kite/Plane Tail, Largest Kite, Smallest Kite, Kite Farthest Out.

Big Day of Play: Saturday, August 27, 2016, 12pm-4pm, Village Green. Let's have fun and get healthy! Great Food, Fitness, Music & Fun! Dog Agility Course, Moon Bounces, Face Painters, Recreational Activities for Everyone. Join the Parks & Rec. Committee for a Big Day of Play. The Big Day of Play is the best way to get important information about health and wellness, discover unique opportunities to become active, enjoy healthy food and learn how recreation can change your life. The Parks & Rec. Committee is providing everyone with great activities and programs that help families start and continue to be active together. Fun Activities Include: Children's Entertainment, Creative Play Opportunities, Youth Demonstrations, Moon Bounces, Face Painters, Fitness Demos, Flu shots, Medical, Dental & Vision Screenings, Health Vendors & Healthy Food Vendors.





PARKS & RECREATION
TOWN OF INDIAN HEAD ♦ JUST PLAY

Indian Head Village Green
100 Walter Thomas Road
Indian Head, MD 20640

BIG DAY OF PLAY!

FREE!

Aug 27th ♦ 12pm-4pm

Great Food, Fitness, Music & Fun

FREE! **Dog Agility Course** FREE!

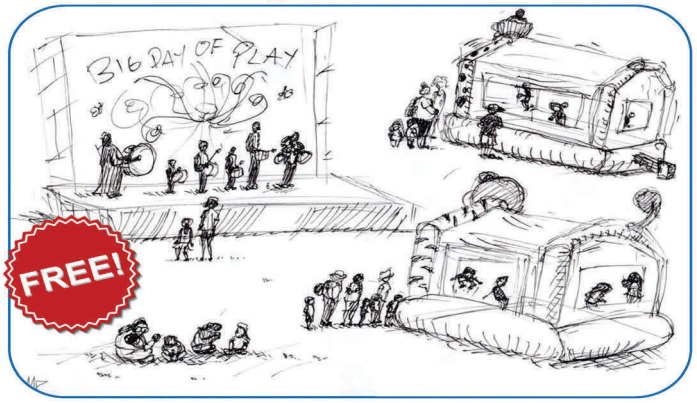
Moon bounces, Face Painters

Recreational Activities for Everyone

For more information contact Curtis Smith or Cynthia Jackson at ParksandRec@townofindianhead.org. More information can also be found on the web at www.townofindianhead.org/ParksandRecreation.

PARKS & RECREATION
TOWN OF INDIAN HEAD ♦ JUST PLAY

Indian Head Village Green
100 Walter Thomas Road
Indian Head, MD 20640



Big Day of Play is the best way to get important information about health and wellness, discover unique opportunities to become active, enjoy healthy food and learn how recreation can change your life.

Fun & Fitness	Health & Wellness
Children's Entertainment	Fitness Demos
Creative play opportunities	Flu Shots
Youth demonstrations	Medical, Dental & Vision Screenings FREE!
FREE! Moon Bounces	Health Vendors
Face Painters	Healthy Food Vendors

Interested in Volunteering, being a Vendor or Sponsor?
If you are interested in volunteering, participating as a vendor or being a sponsor, contact Curtis Smith or Cynthia Jackson at ParksandRec@townofindianhead.org.
More information can also be found on the web at www.townofindianhead.org/ParksandRecreation.

Come join us and make the Town of Indian Head an even better place to live!

Interested in volunteering for the Parks & Rec Committee events or participating as a vendor or sponsor for the Big Day of Play, contact Curtis Smith or Cynthia Jackson at ParksandRec@townofindianhead.org. More information can also be found on the web at www.townofindianhead.org

BUSINESS HIGHLIGHTS









Drinking Water Quality Report 2015

Town of Indian Head

April, 2016

PWSID # 0080020

We are pleased to present to you the Annual Drinking Water Quality Report. This report is designed to inform you about the quality water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is 3 wells which draw from the Patapsco (Well 3 & 4) and Patuxent (Well 6) Aquifers.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

As water travels over the land or underground, it can pick up substances or contaminants such as microbes, inorganic and organic chemicals, and radioactive substances. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some contaminants. It's important to remember that the presence of these contaminants does not necessarily pose a health risk.

The Town of Indian Head routinely monitors for contaminants in your drinking water according to Federal and State laws. This table shows the results of our monitoring. In this table you will find many terms and abbreviations you might not be familiar with. The following definitions are provided to help you better understand these terms.

Parts per million (ppm) - one part per million corresponds to one ounce in 7350 gallons of water.

Parts per billion (ppb) - one part per billion corresponds to one ounce in 7,350,000 gallons of water.

Picocuries per liter (pCi/L) - Picocuries per liter is a measure of the radioactivity in water.

Action Level Goal (ALG) - The level of a contaminant in drinking water below which there is no know or expected risk to health.

Action Level (AL) - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Maximum Contaminant Level - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

REGULATED RESULTS						
Location	**Contaminant (Date Sampled)**	**Level Detected**	**Unit Measurement**	**MCLG**	**MCL**	**Likely Source of Contamination**
Distribution System	Copper (December 2014)	.099	ppm	1.3	1.3	Corrosion of household plumbing systems; erosion of natural deposits
	Total Trihalomethanes (August 2015)	2.2	ppb		80	Byproduct of disinfection
	Chlorine (Yearly Average)	.9	ppb	4	4	Water additive used to control microbes
Well 3 (Patapsco)	Fluoride (April 2015)	1.5	ppm	4	4	Decay of natural and man-made deposits
	Barium (April 2013)	.01	ppm	2	2	Erosion of natural deposits
Well 4 (Patapsco)	Fluoride (April 2015)	.82	ppm	4	4	Decay of natural and man-made deposits
	Gross Alpha (June 2014)	6.6	pCi/L	0	15	Erosion of natural deposits
Well 6R (Patuxent)	Fluoride (April 2015)	.76	ppm	4	4	Decay of natural and man-made deposits
	Radium 228 (October 2012)	1.1	pCi/L	0	5	Erosion of natural deposits
	Gross Alpha(Short) (April 2012)	4.1	pCi/L	0	15	Decay of natural deposits
	Gross Alpha (October 2012)	3.7	pCi/L	0	15	Decay of natural deposits
	Gross Beta (October 2012)	4.2	pCi/L	0	50	Decay of natural deposits
UNREGULATED RESULTS						
Well 3 (Patapsco)	Sodium (April 2013)	110	ppm	N/A	N/A	Erosion of natural deposits
Well 4 (Patapsco)	Sodium (April 2013)	45	ppm	N/A	N/A	Erosion of natural deposits
	Chloromethane (February 2010)	1.9	ppb	N/A	N/A	Decay of natural and man-made deposits
	Chloroethane (February 2010)	1	ppb	N/A	N/A	Man-made compound
Well 6R (Patuxent)	Sodium (April 2014)	64	ppm	N/A	N/A	Erosion of natural deposits
	Chloroethane (June 2014)	.6	ppb	N/A	N/A	Man-made compound
	Radon-222 (February 2012)	206	pCi/L	N/A	N/A	Erosion of natural deposits

"If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Town of Indian Head is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the EPA Safe Drinking Water Hotline at 1-800-426-4791 or at http://www.epa.gov/safewater/lead."

Radon is a radioactive gas that you cannot see, taste, or smell. It is found throughout the U.S. Radon can move up through the ground and into a home through cracks and holes in the foundation. Radon can build up to high levels in all types of homes. Radon can also get into indoor air when released from tap water from showering, washing dishes, and other household activities. Compared to radon entering the home through soil, radon entering the home through tap water will in most cases be a small source of radon in indoor air. Radon is a known human carcinogen. Breathing air containing radon can lead to lung cancer. Drinking water containing radon may also cause increased risk of stomach cancer. If you are concerned about radon in your home, test the air in your home. Testing is inexpensive and easy. (You should pursue radon removal for your home if the level of radon in your air is 4 picocuries per liter of air (pCi/L) or higher. There are simple ways to fix a radon problem that are not too costly. For additional information, call your state radon program or call EPA's Radon Hotline (800-SOS-RADON).

We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some contaminants have been detected. The EPA has determined that your water IS SAFE at these levels.

All sources of drinking water are subject to potential contamination by substances that are naturally occurring or man made. These substances can be microbes, inorganic or organic chemicals and radioactive substances. All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

MCL's are set at very stringent levels. To understand the possible health effects described for many regulated contaminants, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

In our continuing efforts to maintain a safe and dependable water supply it may be necessary to make improvements in your water system. The costs of these improvements may be reflected in the rate structure. Rate adjustments may be necessary in order to address these improvements.

We, at the Town of Indian Head, work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future.

If you have any questions about this report or concerning your water utility, please contact Town Hall at (301) 743-5511. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of our regularly scheduled meetings. Scheduled Public meetings are held the first Monday of each month at the Village Green Pavilion, beginning at 7:30 pm.

Summertime Fire Safety : Chief Jeff Williams

Every year we look forward to spending much needed time with family and friends during summer vacations, camping trips, family reunions, picnics, and the Fourth of July annual celebrations which usually includes fireworks. Although this is intended to be a happy time, summer time also brings fires and injuries due to outdoor grilling, camping, bon fires and of course fireworks. The National Fire Administration reports than more than 8,000 people annually are injured by fireworks and grill fires and more than half these injuries occur during the first week of July. By following these simple safety tips, you can make your family outings, grilling experiences, and other outdoor activities safer and hopefully avoid accidents or injuries for an enjoyable summer.

Barbeque Safety Gas Grills:

Inspecting your grill prior to using for cracked, brittle or damaged hose lines can dramatically reduce your chances of experiencing a grill fire. The easiest way to do this is to spray soapy water on all the lines and connections, turn on the gas supply and if soapy bubbles appear, turn the tank off and make needed repairs. If you suspect a leak or smell an odor, DO NOT attempt to light your grill. Turn the cylinder valve off and do not use the grill until all leaks are repaired. When lighting the grill, open the lid, turn on the gas, if the burner does not light within 5 seconds, turn the burner off, wait 5 minutes then try again. **NEVER** use your grill indoors and keep any grill at least 10 feet away from your house or any building. Remember to never use your grill under any structures that can catch fire. These include carports, patio covers, porches and breezeways. **NEVER** store LP gas in homes or garages since LP-gas is heavier than air and a leaking cylinder would allow the gas to seep into the home.

Charcoal Grills:

NEVER burn charcoal in an enclosed facility, when charcoal is burned it produces carbon monoxide, a colorless and odorless gas that can be deadly when inhaled. Approximately 30 people die and 100 are injured as a result of breathing carbon monoxide from charcoal each year. Use only approved starter fluids designed for these grills. Never use gasoline. Never add fluid to the fire while it's burning. Position the grill well away from siding, deck rails and all other flammable/combustible materials. Never leave a burning grill unattended. Remember that the charcoal briquettes remain extremely hot even after you finish cooking. Hot coals can result in severe burns if not handled properly. Allow the coals to cool completely, approximately 24 to 48 hours prior to disposal and place all coals in a metal container. Never use a plastic container for disposal.

***As a reminder, the use of a gas or charcoal grills, on balconies is strictly prohibited within the town limits. The use of these devices on balconies is also prohibited by Maryland State Fire Laws and is subject to a fine by the State Fire Marshal's Office.**

Fireworks:

Each July Fourth, thousands of people, most often children and teens are injured while using consumer fireworks. Despite the dangers of fireworks, few people understand the associated risks which could include, devastating burns, other injuries and even fires. The United States Fire Administration reports that each year approximately 11,000 people visit the emergency room as a result of firework related injuries. The majority of these injuries were sparklers that burn at about 1200 degrees F. In addition to the reported injuries, almost 18,000 fires were caused by fireworks in 2014 alone.

As a reminder, the following are the only legal fireworks in the state of Maryland;

- Sparklers
- Fountains
- Wheels and spinners

(Continued on Page 10)

We strongly recommend ensuring you and your family's safety by attending public fireworks displays and leave them to the professionals.

Heat Related Emergencies:

Summertime activities, whether it's working in the yard, on the playing field or the construction site can be dangerous and life threatening. When performing these types of activities we need to ensure we are taking necessary precautions to ensure balance with measures that aid the body's cooling system and prevent heat-related illness. Heat-related deaths and illness are preventable yet annually many people are overcome by the extreme heat. Historically, more people in this country died from extreme heat than from hurricanes, lightning, tornadoes, floods, and earthquakes combined. In 2001 alone, 500 deaths were caused by excessive heat exposure. People suffer heat-related illness when their bodies are unable to compensate and properly cool themselves. The body normally cools itself by sweating. However, under some conditions, sweating just isn't enough. In such cases, a person's body temperature rises rapidly. Very high body temperatures may damage the brain or other vital organs. Several factors affect the body's ability to cool itself during extremely hot weather. When the humidity is high, sweat will not evaporate as quickly, preventing the body from releasing heat quickly. Other conditions related to risk include age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use.

The following are the three major types of Heat Related emergencies and the signs, symptoms and first aid steps for these possible life threatening emergencies.

Heat Cramps: Usually affect people who sweat a lot during strenuous activity. This sweating depletes the body's salt and moisture. When low salt levels develop in the muscles it can be the cause of heat cramps. Heat cramps may also be a symptom of heat exhaustion. Heat cramps are muscle pains or spasms, usually in the abdomen, arms, or legs—that may occur in association with strenuous activity. If you have heart problems or are on a low sodium diet, get medical attention for heat cramps.

Heat exhaustion: A form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate re-placement of fluids. It is the body's response to an excessive loss of the water and salt contained in sweat. Those most prone to heat exhaustion are elderly people, people with high blood pressure, and people working or exercising in a hot environment. The skin may be cool and moist. The victim's pulse rate will be fast and weak, and breathing will be fast and shallow. If heat exhaustion is untreated, it may progress to heat stroke. Seek medical attention immediately if any of the following occurs: symptoms are severe; the victim has heart problems or high blood pressure. Help the victim cool off, and seek medical attention if symptoms worsen or last longer than one hour.

Heat Stroke: A true life threatening emergency that occurs when the body is unable to regulate its temperature. The body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Body temperature may rise to 106°F or higher within 10 to 15 minutes. Heat stroke can cause death or permanent disability if emergency treatment is not provided.

Summertime should be a time for fun and making happy memories. By following these simple safety rules and exercising caution when grilling, camping or outside during the hot summer months you and your family can have many safe and enjoyable summer time events. The Indian Head Vol. Fire Department and Rescue Squad would like to wish you and your family a safe and happy summer season.

If you have any questions or are interested in joining us to serve the community, please contact the Fire Department at 301-753-9400 or 301-743-3900.

Indian Head Business Association

2016 Events

(Event Flyers available at Town Hall, V.G. Pavilion & Local Businesses)

THANK YOU vendors, entertainment, sponsors and community!

The 4th Annual Taste of Indian Head, held on May 14th was a huge success!

Congratulations 2nd Annual Little Miss Indian Head Pageant Winners!



Little Miss Indian Head 2016 – Miss Marshauna J.

2nd Place – Miss Kennedy M.

3rd Place – Miss Naomi D.

4th Place – Miss Ronae H.



Facebook: Miss Indian Head Pageant

Facebook: Taste of Indian Head

Fall In Love With Indian Head – October 29, 2016 (11am-2pm)

Trick or Treat Family Fun! Wear your costume!



Several local businesses will host vendors, artists and crafters. There will be games, prizes, samples, treats, face painting, moon bounce, Pet Costume Contest Parade and MORE!

Like us on Facebook: Fall In Love With Indian Head, MD

Call Pam @ Dales Smokehouse 301/743-6777

Email @ IndianHeadBiz4U2@aol.com

(Event is open to public. $Fee may apply at selected Businesses)

Up on the Hill and Through the Town Business Open House & Vendor Expo–

Tuesday, November 29, 2016 (2pm-6pm)

Over 10 local businesses will participate this year. In lieu of vendor fee, vendors are asked to donate canned food and contribute an item for game prize. Canned food is collected for Neighbors Eager to Serve.



Park and Ride the Town Trolley (Free) *located at The Indian Head Senior Center.*

The Trolley will visit all participating businesses for patron shopping convenience.

Children riding the Trolley must be accompanied by an adult.

Like us on Facebook: Up on the Hill and Through the Town

Call Pam @ Dales Smokehouse 301/743-6777

Email us @ IndianHeadBiz4U2@aol.com

(Event is open to public. No entrance fee)



Indian Head July 4th Celebration!

Monday, July 4

Village Green Park, Indian Head

3:30 p.m. - Patriotic Kick-Off @ Fountain

4:00-8:00p.m. - Amusements Rides

4:00p.m.—Food & Novelty Booths Open

Ticket Booth Closes Promptly@ 7:15pm

9:10 p.m. - Spectacular Fireworks Display

Rain or Shine

Live Entertainment Outdoor Stage:

4:00p.m.— 8:00p.m. DJ Rockin' Roger

6:00-9:00pm One Louder Band

Outdoor Stage (bring blankets/lawn chairs)

Limited General Parking around Village Green

Handicapped Parking Available in V. G. Pavilion Lot

TICKET BOOTH CLOSES PROMPTLY @ 7:15PM - REMAINS OPEN FOR EMERGENCIES/LOST & FOUND ONLY

AMUSEMENTS OPEN 4:00 to 8:00PM - WEATHER PERMITTING

NEW FOR 2016—REDUCED RATE RIDE WRISTBANDS FOR TOWN RESIDENTS—MUST BE PURCHASED IN ADVANCE AT TOWN HALL-AVAILABLE JUNE 13-JULY1-PROOF OF RESIDENCY REQUIRED-NOT AVAILABLE AT JULY 4 EVENT

NO RIDE WRISTBAND REFUNDS FOR INCLEMENT WEATHER & AFTER TICKET BOOTH OR AMUSEMENTS ARE CLOSED!

No Pets of Any Kind or Alcoholic Beverages Permitted!

More info 240-375-4061 or karen@townofindianhead.org

Town of Indian Head Useful Information

Holiday Closings

Town Hall, Public Works and the Community Affairs Office will be closed on the following days this quarter in observance of the holidays listed:

4th of July
Monday, July 4
NO Trash Pickup
Labor Day
Monday, September 5
NO Trash Pickup

If you have a water or sewer emergency after hours, call 301-743-5511 and press #5 to report your emergency. On-call Town personnel will be contacted and the problem will be handled accordingly.

After hours non-emergency type problems can be reported by leaving a message on the Town Hall office number 301-743-5511. Be prepared to furnish your name, address, phone number and brief, but detailed description of the type of problem. Water cut-offs for non-payment are not considered emergencies and are only handled during Public Works regular business hours.

Town Codes

- **Burning**—No burning is allowed within the Town.
- **Animal Control**—Dogs must be kept on the owner's property unless properly restrained. The Charles County Animal Control provides animal enforcement within the Town. Call 301-932-1713 if you have a problem.
- **Abandoned or Inoperative Vehicles** are prohibited within the Town and may not be kept on the street for more than 24 hours or on private property, with certain exceptions. Call Code Enforcement at 301-743-5511 ext. 101 with any questions.
- **Property Maintenance**—Every dwelling and lot shall be kept free from trash and garbage. Weeds and grass must be cut and kept shorter than 10 inches.
- **Building Code**—The Town has an adopted building code. Any new construction or remodeling, including, but not limited to porches, fences, sheds and garages, requires inspection and a building permit from the Town.

Town Meetings

1st Monday every month at 7:30 pm at the Village Green Pavilion. Televised 8pm first two Fridays each month on Comcast Channel 99. Meetings will also be televised on CCGTV on Mondays at 10am and Wednesdays at 7pm. Comcast channel 99 and FIOS channel 12.

Town Hall

Office Hours
Monday - Friday
8:30 a.m.- 4:30 p.m.
Phone Numbers
Ofc: 301-743-5511
Fax: 301-743-9008

Recycling/Yard Waste/Bulk Trash

Solid waste products such as glass jars and bottles, newspapers, plastic bottles and metal cans will be picked up at the curb every Wednesday within the Town of Indian Head. Place these items in your recycling bin—no need to separate them.

Yard waste will be collected on Wednesdays, year-round, weather permitting. Grass clippings and leaves must be placed in brown paper bags or in a trash container marked "Yard Waste" and placed at curbside. Brush must be bundled and must not be any longer than four feet (4') in length. Individual pieces of brush must not be any larger than six inches (6") in diameter.

Bulk Trash can now be scheduled year-round on Wednesdays. Fee of $50 (cash or money order **ONLY**) per flatbed truck load must be paid in advance at time of scheduling at Town Hall. All items must be curbside by 7:00am on the pre-scheduled pick-up day but not earlier than 48 hours prior to pick-up day.

Utility Rates

The Town bills for utilities on a quarterly basis. Please make note that you will be receiving a bill four times a year (July, October, January and April). ***You are encouraged to make an estimated payment monthly toward your quarterly bill.*** For more information you can call Town Hall at 301-743-5511

Water & Sewer Rates

Minimum rate for all residential customers **$ 70.40**
(per dwelling unit per quarter) plus
$6.85 for every 1,000 gallons used
Minimum rate for all commercial customers **$212.80**
(per unit per quarter) plus
$6.85 for every 1,000 gallons used

Bay Restoration Fee

$15 to State of Maryland Comptroller's office for the Bay Restoration Fund

Trash Rates

Residential/Multiple Residential Rate: ***$ 80.00 (per dwelling unit per quarter)*** - Billed quarterly for twice a week curb-side pickup and one (1) recyclable products pickup per week.

Commercial Rate

Category I	Dumpster (4cu yds)	$495.00 per quarter
Category II	Maximum 2 cans (per unit)	$95.00 per quarter
	Each additional can	$46.00 per quarter

All residential and commercial units within the Town of Indian Head shall avail themselves of the

REMEMBER TO LOCK YOUR DOORS

RECYCLING INFORMATION

Recycling is picked up in Town every Wednesday. Residents are required to have their recycling out before 7:30am on the scheduled pick up day. Examples of what can be included in your recycling and what are NOT recyclable items are listed below.

Examples of what can be recycled:



- Cardboard (flatten all boxes)
- Paper Bags
- Office Paper & File Folders
- Glass Jars & Bottles
- Plastic Bottles
- Plastic Tubs, Wide-Mouth Containers
- Aluminum, Tin and Steel Cans
- Milk and Juice Cartons
- Yogurt cups
- Juice boxes
- Newspapers & Inserts
- Magazines & Catalogs
- Paper back and Hard back books
- Junk Mail

What should NOT be included in your recycling:



- Yard Waste/Tree Trimmings
- Light bulbs, Window Glass, Mirrors
- Styrofoam, Dishes, Ceramics & Electronics
- Household Hazardous Waste, Motor Oil Containers
- Plastic Grocery Bags, Food Waste, Garbage Trash
- Black, Blue, or White Garbage Bags with Unknown Contents
- Diapers, Tissues/Napkins
- Wood—Pallets, Stick Wood, Tree Limbs, Furniture
- Garden Hoses, Wire, Rope, Electrical Cords
- Rocks, Concrete, Dirt
- Clothing, Towels, Sheets, Curtains, Carpeting, Tarps
- Propane Tanks, Tires, Toters, Christmas Lights, Mattresses
- Medical Waste

AN IMPORTANT MESSAGE FROM THE TOWN OF INDIAN HEAD AND THE CHARLES COUNTY SHERIFF'S OFFICE

Recently, we have seen an increase in thefts in our community.

Unfortunately, many of these crimes could have been prevented.

Avoid being the next victim and take the following precautions:

- Do not leave valuables inside of your vehicle.
- Lock your vehicle (even if it is in your own driveway).
- Do not leave any valuables outside of your home.
- And, perhaps most importantly...

Call the police if you see anything suspicious.

When we investigate a crime, we often find neighbors who say they saw suspicious activity but they didn't call us. Choosing instead to make the phone call could have helped us solve a crime or might have prevented a crime from occurring. So remember:

NEVER LET THE MOST IMPORTANT CALL BE THE ONE YOU DON'T MAKE.

WWW.CCSO.US

www.townofindianhead.org

if you SEE something SAY something™

If You See Something Say Something™ used with permission of the NY Metropolitan Transportation Authority.

Report suspicious activity to

301-932-2222

To remain anonymous, contact Crime Solvers at

866-411-TIPS



CCPS Free Summer Meal Program - Announcements

Children can enjoy free lunches this summer

Charles County Public Schools invites children to have "Lunch on Us" this summer.

Lunch on Us is Charles County's free summer meal program for children, which is part of the state and federal summer food service programs that provide children the nutrition they need to learn, play and grow throughout the summer months. Lunch is free to all Charles County children 18 or younger and must be consumed at the site. There are no other restrictions or income guidelines, and no application form.

"The need for children to receive nutritious meals doesn't end with the school year. Working as a community, Charles County Public Schools and our partner agencies are providing both hot and cold meals to children during the long summer vacation," Superintendent Kimberly Hill said.

Lunches are prepared by the Charles County Public Schools Food Services Department and meet federal nutrition guidelines. A typical lunch may consist of a sandwich, fruit, vegetable and milk, and will vary each day of the week.

The lunch program is open every Monday through Friday from June 29 to Aug. 14, with the exception of July 3. All lunch sites are closed July 3.

Hot lunches will be distributed at the following locations:

- Westlake High School, 11 a.m. to 12 p.m.
- Henry E. Lackey High School, 11:30 a.m. to 12:30 p.m.
- Mt. Hope/Nanjemoy Elementary School, 12 p.m. to 1 p.m.

Cold, bagged lunches will be distributed at the following mobile sites:

- Eva Turner Elementary School, 11-11:20 a.m.
- Children's Aid Society, 3000 Huntington Circle, Waldorf, 11:30-11:50 a.m.
- Milton M. Somers Middle School, 11:30-11:50 a.m.
- Tri-County Youth Services Bureau, 75 Industrial Park Drive, Waldorf, 12-12:20 p.m.
- Phoenix Run, 651 Piscataway Run, La Plata, 12-12:30 p.m.
- Charles Landing Apartments, Jameson Court, Indian Head, playground area, 12-12:30 p.m.
- Ell Lane Apartments, 12151 Ell Lane, Waldorf, management office, 12:30-12:50 p.m.
- Woodland Village Park, Thompson Lane, Indian Head, 12:45-1:15 p.m.
- Idlewood Trailer Park, Waldorf, 1-1:20 p.m.
- Holly Tree Apartments, 2482 Lake Drive, Waldorf, 1:30-1:50 p.m.
- Elite Gymnastics, 2745 Old Washington Road, Waldorf, 1:30-1:50 p.m.

Charles County agencies and groups partnering to provide "Lunch on Us" are Charles County Public Schools, Charles County Advocacy Council for Children, Youth and Families, Department of Community Services - Recreation Division, Charles County Public Library, Department of Social Services and LifeStyles Inc.

For more information contact Jen Conte at 301-934-7335 or jconte@ccboe.com.

Our Partners:
Our Partners:

MEET UP and EAT UP

Children's Aid Society Charles County

LifeStyles, Inc.

Charles County Public LIBRARY

DHR
Maryland's Human Services Agency